

WINKING LIZARD ALLERGEN LIST

Item Name	Dairy	Egg	Fish	Shellfish	Wheat/Gluten	Soy	Peanut	Tree nut	MSG
Original House Salad	x								
Spinach Salad w/ Hot Bacon dressing		x				‡			
Steak & Asparagus Salad w/ Rst Garlic Red Wine Vinaigrette	x				x	‡		***	
Wedge Salad	x	x				x			
SALAD DRESSINGS									
1000 Island		x							
Asian Ginger Sesame					x	x			
Basil Balsamic Vinaigrette		x							
Caesar Dressing	x					x			x
Greek Dressing	x								
Homemade Blue Cheese	x	x				x			
Homemade Honey Mustard		x				‡			
Homemade Ranch	x	x			x	x			x
Hot Bacon						‡			
House Italian									x
Raspberry Vinaigrette						‡			
Roasted Garlic Vinaigrette						‡			
Southwestern Ranch	x	x			x	x			
Spicy Ranch	x	x			x				x
CHICKEN WINGS, BONELESS WINGS, SKINNY DIPPERS									
Boneless Wings (w/ no sauce)	x	Egg Whites			x	x			
Skinny Dippers (w/ no sauce)					x	‡			
Traditional Bone-In Wings (w/ no sauce)						‡			
WING SAUCES AND DRY RUBS									
911									
BBQ						‡			
BBQ Dry Rub									
Buffalo Dry Rub	x				x				
Cajun	x								
Cajun Dry Rub									
Caribbean	x				x	x			
Fire in the Hole									
Garlic						x			
Garlic Parmesan	x					x			

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Item Name	Dairy	Egg	Fish	Shellfish	Wheat/Gluten	Soy	Peanut	Tree nut	MSG
Goldfinger	x					x			
Honey Mustard	x	x				‡			
Hot									
Lemon Pepper									
Magma									
Mild	x					x			
Salt and Vinegar									
Six Pepper Blend									
Spicy BBQ	x					‡			
Spicy Garlic						x			
Spicy Sesame	x					x			
Sweet 'N' Sour									
Teriyaki	x					x			
Thai	x					x			
SANDWICHES & MELTS									
BBQ Pork Sandwich	x				x	‡			
Beer Battered Haddock Sandwich w/ tartar	x	In sauce	x		x	‡			
Bo-Man's Steak 'N' Cheese	x				x	x			
Grilled Cheese	x				x				
Grilled Cheese w/ Bacon & Tomato	x				x				
Gyro	x				x	‡			
Pulled BBQ Chicken Melt	x				x	‡			
Reuben w/ 1000 Island dressing	x	In sauce			x				
Turkey Melt w/ Red Pepper sauce	x	In sauce			x	In sauce			
LIZARD WRAPS									
Asian Chicken Wrap		Egg Whites			x	x			
Buffalo Chicken Wrap w/ Blue Cheese dressing	x	In sauce			x	‡			
Cajun Chicken Wrap w/ Spicy Ranch	x	In sauce			x	x			In sauce
Mediterranean Wrap	x				x	‡			
Roasted Veggie Wrap	x				x	x			x
Strip Steak Wrap	x	x			x	x			
Turkey Club Wrap w/ Mayo	x	In sauce			x	‡			

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CHICKEN CHEST									
BBQ Chicken Club	x				x	‡			
Bo-Man's Buffalo w/ Blue Cheese dressing	x	In Sauce			x	x			
Bo-Man's Chicken Parmesan	x				x	x			
Bo-Man's Chicken Philly	x				x	x			
Bo-Man's Honey Club	x	x			x	x			
Buffalo Chicken w/ Blue Cheese dressing	In sauce	In Sauce			x	x			
Cajun Chicken Sandwich	x				x	‡			
Cheddar Club w/ Mayo	x	In Sauce			x	‡			
Jerk Chicken Sandwich w/ Ranch dressing	x	In Sauce			x	x			In Sauce
Just Plain Fowl w/ Mayo		In Sauce			x	‡			
Maui Maui	x				x	x			
PIZZA									
Deluxe Pizza	x				x				
Vegetarian Pizza	x				x				
White Bread Pizza	x				x	x			
PIZZA TOPPINGS									
<i>*All other toppings are fresh vegetables or fruit*</i>									
Chicken Breast						‡			
Ground Beef	x	x			x	x			
Pepperoni									
Pizza Sauce									
Sausage									
HALL OF FAME BBQ & GRILL									
12 oz Strip Steak	x	x			x	x			
BBQ Chicken Dinner	Garlic Bread	Coleslaw			Garlic Bread	‡			
BBQ St. Louis Ribs	Garlic Bread	Coleslaw			Garlic Bread				
Beer Battered Haddock Dinner	x	Coleslaw	x		x	‡			
Bucket O'Ribs									
Grilled Salmon	Garlic Bread	Coleslaw	x		Garlic Bread				
Teriyaki Chicken Dinner	Garlic Bread	Coleslaw			Garlic Bread	‡			

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SIDES									
Applesauce									
Baked Beans						‡			
Baked Potato	x					x			
Cole Slaw		x				‡			
Grilled Vegetables					x	x			x
Mandarin Oranges									
Onion Rings w/ no sauce		x			x	‡			
Pred's Preferred Pfries	x				x	‡			x
Rice Vegetable Pilaf	x				x				
Shells & Cheese	x				x	x			
Steak Fries					x	‡			
Steamed Broccoli									
DESSERTS									
Dessert of the Month	ASK KITCHEN MANAGER - CHANGES MONTHLY								
Homemade Root Beer Float	x								
Hot Fudge Sundae	x								
Oreo Oblivion	x	x			x	x	Manufactured on equipment with tree nuts		
KID MENU									
Mini Corndogs w/ no sauce	x	x			x	x			
Burger Basket	x	x			x	x			
Cheeseburger Basket	x	x			x	x			
Wing Basket w/ no sauce						‡			
Boneless Wing Basket	x	Egg Whites			x	x			
Nachos & Cheese	x				x	x			x
Pizza	x				x				

***Croutons packaged in facility that also packages tree nuts

‡ Contains soybean oil

Packaged in same facility that also packages products that contain fish and shellfish

Processed in the same facility that also packages products containing egg